

# Pulse Download, Demo and Free Trial

After you've bought Pulse (<https://pulsecms.com/signup.php>) you can install Pulse on any of your own (or your client's servers). We don't host it. You have control of that 👍

Here's how:

1. **Register** for a *free* Pulse account
2. Follow the instructions to **upgrade** and **unlock** Pulse and all the premium adding and services

## Pulse Download

Login to your Pulse account (<https://pulsecms.com/login.php>) and navigate to "dashboard" and download the latest build. You'll need to upload these files to your server and install in the usual 45-second way ([//help.pulsecms.com/article/7-it-takes-45-seconds-to-install-pulse](https://help.pulsecms.com/article/7-it-takes-45-seconds-to-install-pulse)).

## Pulse Free Trial (demo)

You can test Pulse and use the online Pulse free trial in a few ways:

1. Create your own demo instance
2. Test the install process
3. Edit the content
4. Use Pulse fully unrestricted (add images, files, change users, inline editing, add a blog) for 5 days
5. If you like it, then just upgrade (<https://pulsecms.com/upgrade.php>) and download Pulse for real and install on your own server.




Go and try it all out and start your FREE trial (<https://pulsecms.com/freetrial.php>)! (no credit card needed).

### Pulse5 free trial and demo



<https://www.youtube.com/watch?v=OpRPNJONluE>

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